



empowering lives. shaping futures.

2012-2013 Annual Report



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OUR MISSION: Providing people with disabilities and their families the resources and support they need to empower their lives and shape their futures.

Throughout this past year, we have continued to grow our programs and services to help our clients and their families – while also accomplishing a great deal as an organization. One of our major goals as an organization this past year was to focus on quality and safety – and with the efforts and excellent work of our Quality Work Environment Committee, we made significant advances in this important area. Last year, LifeROOTS was able to dramatically reduce the number of lost work days – going from 330 lost work days in 2010 to only 6 lost work days in 2013. In addition, we were also able to also reduce the number of accidents and their severity.

2013 also saw the launch of an important new program in our LifeWORKS division. Through our Assembly and Repackaging services, LifeROOTS is helping people with disabilities thrive in the workplace -- while at the same time offering a cost-effective option for local businesses. In addition to this new program, our Contracts and Business Services Division currently provides employment to more than 65 individuals with disabilities through our 4 Ability One/NISH Contracts, 5 State Use contracts and many commercial contracts. In our Children's Therapy Services division, not only did we continue to offer important services through our Early Intervention program and Educational Playgroups, but we saw tremendous growth of our Love and Logic Parenting Program – with the program becoming so popular among Albuquerque parents that we are now offering it four times a year.

This past year was also one where LifeROOTS was recognized for our work, and awarded with a number of industry awards and important grants. We were excited to be honored by Quality New Mexico as a recipient of a 2013 New Mexico Performance Excellence Award, and given prestigious Piñon recognition. LifeROOTS was one of only eight organizations to receive Piñon recognition in 2013, and one of only 13 New Mexico businesses/organizations to be recognized by Quality New Mexico last year. In addition, LifeROOTS was thrilled and honored to be one of 5 collaborators receiving an important grant from the United Way of Central New Mexico Community Fund last year – a collaborative grant for \$324,000 for the B4-3 Network, which represents the largest grant in their history.

As always, thank you for the role you play in enabling LifeROOTS to continue to bring our programs and services to those with disabilities and their families – and for supporting us in our continued mission to “empower the lives” and “shape the futures” of all those we serve.

Respectfully submitted,



Kathleen Cates, CEO & President



Cathy Salazar, Chairman of the Board

LETTER FROM THE CEO & PRESIDENT/ CHAIRMAN OF THE BOARD





LifeROOTS clients have gained important experience this past year through programs with both Meals on Wheels and Storehouse West, which continue to provide beneficial, vital work experience for many adults in our Day Hab program.

ADULT SERVICES DIVISION LETS LIFEROOTS CLIENTS “GIVE BACK” TO OTHERS WHILE GAINING VALUABLE WORK SKILLS

Our programs for adults have continued to grow – and our Day Hab clients have continued to have opportunities to both learn valuable work skills as well as help others in the process. In particular, LifeROOTS clients have gained important experience this past year through programs with both Meals on Wheels (where LifeROOTS clients help in the preparation and delivery of meals to those in need) and Storehouse West, both which continue to provide beneficial, vital work experience for many adults in our Day Hab program.

For a number of years, LifeROOTS has been involved in helping Storehouse West as they work to provide food, clothing and assistance to residents of Sandoval County. Through this partnership, our Day Hab clients have the opportunity to work at the Storehouse West on Veranda Drive in Rio Rancho – gaining some important life skills as they work to help others in the community by helping to pack bags for the seniors receiving groceries at this Storehouse West location. Each week, a group of between three and five LifeROOTS Day Hab clients enthusiastically travels to the Storehouse West location, where they then follow a “checklist” of non-perishable items to be selected from the shelves and packed up for seniors. Through this job, LifeROOTS clients are not only able to gain experience in some practical work skills, but they have the opportunity to talk and socialize with the seniors picking up much-welcomed supplies at Storehouse West.

Both our Meals on Wheels and Storehouse West programs and partnerships continue to help so many people throughout our community, as well as help those with disabilities gain important work and life skills. We’re grateful for this opportunity to work with both Meals on Wheels and Storehouse West and enable our clients to experience “giving back” through these valuable ways to provide community service.

We are pleased to continue to foster the growth of our successful Day Hab programs in both Albuquerque and Rio Rancho – as we offer important hands-on training and supported employment opportunities for those with disabilities.

ADULT SERVICES

FACTS & FIGURES

A total of 243 clients were served in the following programs:

- Adults Day Habilitation (Menaul and Rio Rancho): 74
- Adult Enrichment (Career Discovery and Literacy): 29
- Supported Employment (Job Development and Job Coaching): 77
- Division Vocational Rehabilitation (DVR): 39
- Ticket to Work: 24

With the implementation of new marketing strategies, growth rose from an all-time low of 15 clients to 20. The conversation of closing the site was on the table and discussed numerous times. Updates on the growth will continue.

Community Services began developing an updated handbook for all program participants. The handbook will provide a review of all programs and policies. The target date for completion is 12-31-13.

In order to meet compliance with the State of New Mexico’s new electronic healthcare system, staff members are busily becoming trained. Titled Therap, those involved include the Program Nurse, Service Coordinators and the Community Services’ Coordinator.



Receiving this significant grant from the United Way of Central New Mexico's Community Fund, and our continuing collaboration with the four other non-profits we work with to provide the highest quality Early Intervention programs and services to children from birth to age 3 and their families, was a major highlight for LifeROOTS in 2013.

LIFEROOTS AWARDED MAJOR GRANT FROM UNITED WAY OF CENTRAL NEW MEXICO

LifeROOTS was thrilled and honored to be one of five collaborators receiving an important grant from the United Way of Central New Mexico Community Fund in the 2013-14 year. The grant for \$324,000 was given for the B4-3 Network – five local not-for-profits collaborating to provide important programs and services to children from birth to age 3.

In addition to LifeROOTS and our Early Intervention program, the four other organizations sharing in the grant as part of the B4-3 network include Abrazos Family Support Services, Alta Mira Specialized Family Services, La Vida Felicidad and Native American Professional Parent Resources

The United Way of Central New Mexico's Community Fund helps those most vulnerable through program grants to qualifying health and human service agencies in Bernalillo, Sandoval, Tarrant, and Valencia counties. The Community Fund supports programs that advance education, health, and self-sufficiency, improving the lives of over 250,000 local individuals, distributing grants to local nonprofits working together in these areas. The grant for the B4-3 was awarded in the area of self-sufficiency.

Receiving this significant grant from the United Way of Central New Mexico's Community Fund, and our continuing collaboration with the four other non-profits we work with to provide the highest quality Early Intervention programs and services to children from birth to age 3 and their families, was a major highlight for LifeROOTS in 2013. In addition, it will continue to be an important part of our work in 2014, enabling us to continue to provide young children and their families with the programs and support that are so vital in their development during this critical time period of a child's growth.

CHILDREN'S THERAPY & SERVICES

FACTS & FIGURES

564 total children served through the Family Infant Toddler Program from July 1, 2012 to June 30, 2013.

Children's Therapy and Services offers the parenting program "Early Childhood Parenting Made Fun". It is a five (5) week program designed by the Love and Logic Institute. It is offered 4 times a year. The class is free to eligible LifeROOTS families enrolled in the early intervention program and \$50 for anyone else interested in the class.

Children's Therapy and Services offers an Inclusion Educational Playgroup, licensed by Children Youth and Families Department (CYFD), for two (2) to three (3) year olds. The playgroup is free to eligible LifeROOTS children enrolled in the early intervention program and \$10 per session for children not enrolled in early intervention.

Children's Therapy and Services division staff participated in Albuquerque City Wide Homeless Outreach Event and volunteer at the Road Runner Food Bank.

A TRUSTED RESOURCE FOR PARENTS EXPANDS THROUGH NEW PARENTING PROGRAM

LifeROOTS Brings Parenting Course to Local Families
to Provide Solutions and Practical Techniques To Help Parents

LifeROOTS continues to be a resource for local parents in helping so many families through innovative programs and services for children with disabilities. In addition to continuing to grow the LifeROOTS Early Childhood Services programming, this past year LifeROOTS has also embarked on an effort to help parents throughout the community improve and enhance their parenting skills through a national parenting program designed to help local parents manage some of today's challenges of parenting and raise responsible kids – while also having more fun in their role as parents.

In 2013, LifeROOTS strengthened our involvement in Love and Logic®, a national parenting program, which is being offered at LifeROOTS as a five week program that meets once a week – and has grown to be an important resource for many parents throughout the region. The Love and Logic program provides a practical and entertaining parent education group – and has been the approach of choice among leading educators, parents and other professionals worldwide.

The LifeROOTS Love and Logic Early Childhood Parenting Made Fun!™ is led by Sandy Silverman, LMHC and Sarah Lancaster, LMSW, both who are trained facilitators for the Love and Logic program. It is a program geared to make parents laugh, remember their own childhood, and learn this powerful parenting philosophy. The group teaches parents easy techniques for common parenting issues, as well as provides parents with the opportunity to share their parenting struggles and give feedback on the implementation of the new techniques they've learned.

Many local parents have already benefited from the Love and Logic program offered at LifeROOTS; in fact, the program has become so popular among Albuquerque parents that it is now being offered four times a year. It's just one more way that LifeROOTS is continuing its commitment to helping parents throughout the region by offering programs and services to meet a variety of parenting needs – and another way LifeROOTS is helping to “empower the lives” and “shape the futures” of all children and families throughout the community.



Through the new LifeWORKS Assembly and Repackaging services, we offer a cost-effective way for today's companies to handle many jobs by having LifeWORKS workers perform these tasks - freeing up the staff at local companies, while providing a great work opportunity for those with disabilities.

CONTRACT & BUSINESS SERVICES

FACTS & FIGURES

**LifeROOTS has Employed
59 disabled individuals
through four Federal Source
America/NISH, 4 State, 3
Commercial Grounds Keeping,
and countless Residential
Landscaping contracts.**

- Source America/NISH: Kirtland Air Force Base Custodial Contract, Nation Assessment Group – Janitorial Services, Defense Threat Reduction Agency – Janitorial Services, United States Federal Court House – Janitorial and Grounds Keeping Services
- Horizons of New Mexico: City of Albuquerque-Custodial, Workman's Compensation Administration (WCA) – Grounds Keeping, New Mexico Commission of Public Records-Custodial, Los Luna's Refugium – Grounds Keeping
- Commercial: University Of New Mexico Hospitals (UNMH) Grounds Keeping, Action Disability Representative – Janitorial Services, APD High pressure wash
- Landscaping : Commercial – Landscape Projects, Residential – Landscape Projects

LIFEROOTS NEW REPACKAGING & ASSEMBLY PROGRAM HELPS THOSE WITH DISABILITIES WORK & PROVIDES VALUE TO BUSINESSES

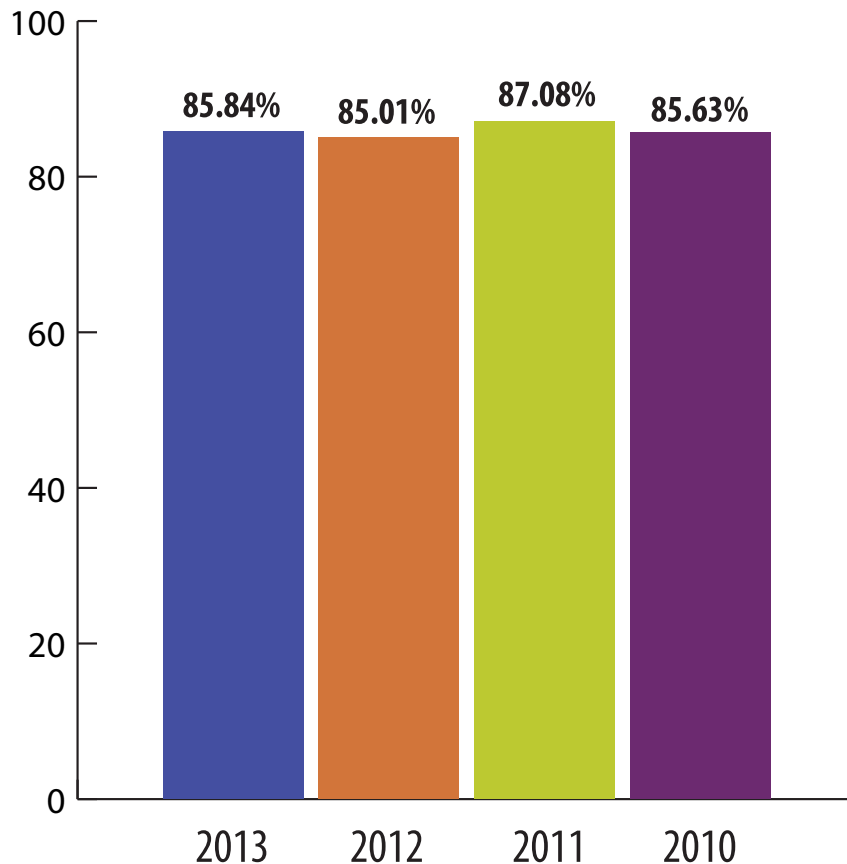
In 2013, LifeROOTS and LifeWORKS introduced an Assembly and Repackaging Services program – giving workers with disabilities an opportunity to work in meaningful jobs within the community -- while providing a great new option for local companies to handle their packing/assembly needs.

Through the new LifeWORKS Assembly and Repackaging services, we offer a cost-effective way for today's companies to handle many jobs by having LifeWORKS workers perform these tasks - freeing up the staff at local companies, while providing a great work opportunity for those with disabilities. The program is starting to take off ... with companies recognizing the value of hiring LifeWORKS workers for these tasks -- both in terms of the quality of the finished product, as well as for the opportunity to help give jobs to help those with disabilities become more self-sufficient by earning an income.

In designing this unique business services program, LifeWORKS is able to offer a number of benefits for companies -- encouraging them to consider hiring LifeWORKS for their assembly/re-packaging needs. Specific advantages for companies using LifeWORKS include getting to work with a team of dedicated/motivated workers who are part of the LifeROOTS organization, and not just temp employees. In addition, there is a significant cost-savings involved for the company -- with LifeROOTS paying the labor force's payroll taxes, benefits, workman's comp and unemployment taxes. The program also offers convenience for companies -- LifeWORKS employees can either work at a company's location or the company can choose to have their products be delivered to the LifeWORKS packaging facility. In addition, LifeWORKS offers workforce supervision -- freeing up company supervisors -- and maintains contracts that require confidentiality, security clearances and background checks, so companies are guaranteed top quality workers, with no additional background checks needed.

We're continuing to grow this program and are excited to provide more and more companies with this cost-effective option for their repackaging/assembly needs -- while continuing to give our LifeWORKS clients a way to work in productive local jobs throughout the community. Through this program and other programs in our Contracts and Business Services division, we are able to help so many adults with disabilities work towards the independence and self-sufficiency that can truly "enhance their lives" and "shape their futures."

PROGRAM EFFICIENCY



For every dollar LifeROOTS spends approximately .85 cents are spent on direct services. Despite program, political and funding changes we have consistently kept our Mission in focus and have maintained this high standard.

FINANCIALS

HIGHLIGHTS

Total Assets: \$3,881,065

Total Liabilities: \$2,127,646

Total Net Assets: \$1,753,419

Total Revenue: \$6,698,454

Total Expenses: \$6,791,972

Change in Net Assets: (\$93,518)

DONORS & CONTRIBUTORS

Mr. Matthew Baker

Kathleen Cates and Steve Watkins

T. J. Eberhardt

Sylvia Padilla

Kevin L. Stamber

Teresa A Torres

JoAnne Wright

Rio Rancho Afternoon Rotary Club

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AmEx Just Give

Global Classroom

Bobby Joe's Auto Service

Ramona Temple

David Balan

Barbara Black

GE Foundation

Maria, Joe, and Carl Anderson
Foundation

Brett Eddington

Cheryl Lucero

Pammy L. Araya

Dan March

Brady Industris of NM

Madaline Yazell

LifeROOTS can't achieve its mission without your help. Please consider making a gift that will have a real impact on the lives of people with disabilities. If you want your gift to go to a specific program or service, please let us know when you make your donation. Or you can make a gift of your time and show your support for the center by volunteering.

WAYS TO GIVE

In-Kind Donations

Your donations of office equipment, children's toys, art supplies, professional services, event tickets, dinner coupons, store gift cards and other items allow LifeROOTS to utilize more of its financial resources in support of the programs and services we provide to the disabled community.

Planned Giving

Leave a lasting legacy that will help LifeROOTS fulfill its mission into the future. Planned giving allows you to plan your estate resources to serve your family and the charitable organizations you care about most after your death. Although there are literally hundreds of ways to plan gifts, the most common is to stipulate a bequest in your will. Bequests are perhaps the simplest manner in which to leave your legacy with LifeROOTS.

Make a donation online

Visit LifeROOTSnm.org

Click on the Donate link at the top of the page

Select how you would like to contribute

Make your donation by Visa or MasterCard

Make your donation in person or on the phone

Call 505-255-5501 to find out how

LEADERSHIP

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Kathleen Cates
CEO



Gwen Kiwanuka
Director of Adult
Services



Trudy Eberhardt
Director of Finance



Patrick Mulloy
Director of Contracts



Maria Chadwick
Director of Human
Resources



Sylvia Padilla
Director of Quality
Assurance



Grace Coca Director of
Children's Therapy and
Services and



Robert Diefenbaugh
Director of Safety, Facilities
and Fleet

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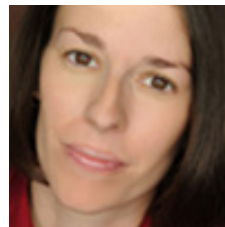
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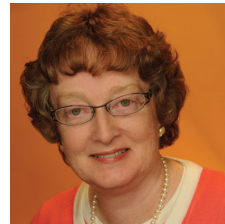
Board Members:



Jeannie Vigil



Amy Clithero



Linda Geiszler



Brad Vaughn



Joan Schofield, MBA



P: 505.255.5501
F: 505.255.9971
www.lifeROOTSnm.org

Menaul Center for Independence
1111 Menaul NE
Albuquerque, New Mexico 87107

Rio Rancho Center for Independence
1009 Golf Course Road, Suites 105 & 106
Rio Rancho, New Mexico 87124